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True Self
Wellness for mind, body & spirit.

CONSENT & CONFIDENTIALITY

As a Canadian Certified Counsellor (#9838) with the Canadian Counselling and Psychotherapy Association, I am bound and adhere to the ethical practice of confidentiality. All communication and contact between counsellor and client is strictly confidential and cannot be released to anyone outside of True S3lf: Wellness for Mind, Body & Spirit, without the client's written consent.

The following limits of confidentiality are prescribed by provincial laws and professional codes of ethics:

- If a client is under the age of 19 years old and discloses abuse (sexual, physical, severe neglect, etc), this must be reported to the proper authorities.
- If a client over the age of 19 years old discloses abuse (sexual, physical, severe neglect, etc), by a specific person who has access to people under the age of 19 years, the abuse must be reported to the proper authorities.
- If there is a serious possibility that a client might harm themselves or someone else, it must be reported and appropriate preventive action may be taken.
- If a client is impaired by drugs or alcohol and they intend to drive, it must be reported to the proper authorities.
- If the client file or this counsellor is subpoenaed, proper release of information must be provided.

By signing below, I indicate that I have fully read, understand and consent with the above.

Print first and last name

Print first and last name

Signature

Signature

Date

Date